

BLOK

Fine Dining By Fire

À LA CARTE MENU

BLOK

APERITIF	Laurent Perrier La Cuvee Brut FR	125ml 14
	Laurent Perrier Rosé FR	19

NIBBLES	Ground Focaccia / Sundried Tomato & Tarragon Butter	6
	Salt 'n' Pepper Squid / Mojo / Aioli	9
	Roast Chicken / Katsu Curry / Pickled Mooli / Ginger	8
	Cauliflower Cheese / Truffle / Parmesan / Chive	7
	Charred Peppers / Mojo / Sour Cream	6

STARTERS	Dressed Crab / Brown Crab Mayo / Gazpacho / Brioche / Sea Veg	14
	Beef Carpaccio / Crispy Quails Egg / Caesar Dressing / Parmesan	13
	Scallops / Peas / Carmarthenshire Ham / Caviar / Scallop Sauce	17
	Crispy Hens' Egg / Asparagus / Wild Garlic / Hafod Cheddar	9
	Salt Baked Beets / Pickled Apple / Onion / Hazelnut Ricotta	10

MAINS	Butter Roasted Cod / Pea / Batter Scraps / Tartare Sauce	21
	BLOK Burger / Potato Bun / Hafod Cheddar / Leeks / Bacon	16
	Flame Roasted Aubergine / Tagine / Cous Cous / Preserved Lemon	18
	Braised Belly & Loin of Pork / Asparagus / Shallot / Mustard	21
	Rump of Welsh Lamb & Croquette / Broccoli / Feta / Hazelnut / Red Wine	23

OFF THE CHARCOAL GRILL

250G AGED SIRLOIN	27
Lightly Marbled / Lean / Top Fat	

300G AGED RIB-EYE	29.5
Well Marbled / Good Fat Content / Exceptionally Tender	

250G AGED FILLET	38
Lean / Delicate / Buttery Texture	

LOBSTER HALF/FULL	35/55
Thermidor Sauce	

OFF THE BLOK

TOMAHAWK

On The Bone / Beautifully Marbled / Rich Fat Content
Best Served Medium to Medium Rare.

9 / Per 100g

PORTERHOUSE

Spoilt For Choice / Fillet / Sirloin / On The Bone

9 / Per 100g

CHATEAUBRIAND

Exceptionally Tender / Prime Cut / Lean
Best Served Medium Rare.

110

All served with a choice of **two sauces** & **two sides.**

5 - SIDES - 6

French Fries
The Baby Ceasar
Buttered Pembrokehire News
Summer Squash, Whipped Ricotta & Mint
Garden Peas, Bacon & Gem

Rosemary & Parmesan Chips
Truffled Mac 'n' Cheese
Dauphinoise
Leek & Spinach Gratin
Miso Glazed Broccoli

SAUCES - 3

Black Garlic & Miso Butter
Blue Cheese Butter
Sun Dried Tomato & Tarragon Butter
Beef Fat Bearnaise

Barolo
Bourbon & Green Peppercorn
Green Mojo
BLOK Horseradish

All our food at BLOK is prepared in an environment where allergens are present, please let your waiter know if you have any food allergies or dietary requirements. We will take every reasonable precaution when preparing your food however there is the risk of potential foods containing slight traces of allergins in our kitchen.

Inclusive of VAT. A discretionary service charge of 10% will be added to your bill.

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